

**SDSU Ballroom & Latin Dance Club  
Spring 2007  
Beginning Class-Session 1**

Waltz

Rhythm: 123 throughout

1. Box
2. 5P Breaks (3x)
3. UA Turn
4. Progressive Basic
5. Promenade Chasse
  - a. Closed Hover
  - b. Chasse in PP (12&3)
  - c. CI Ending

International Cha Cha

Rhythm: 23 4&1 throughout, except where noted

1. Basic
2. New Yorker (3x)
3. Spot Turns (3x)
4. 1/2 Basic
5. Alemana
6. Hand to Hand (3x)
7. Three Cha Chas
8. Spot Turn
9. Time Step (Guapacha<sup>1</sup> rhythm)

**Legend:** **1H**=1 Hand Hold; **2H**=2 Hand Hold; **5P**=5<sup>th</sup> Position, one foot loosely crossed behind the other; **B**=Back; **CI**=Closed Position; **CPP**=Counter Promenade Position; **DC**=Diagonal Center, 45° L of LOD; **DW**=Diagonally to Wall, 45° R of LOD; **FA**=Fallaway Position; **Fwd**=Forward; **IN**=Inline w/Partner; **L**=Left; **LF**=Left Foot; **LH**=Left Hand; **LOD**=Line of Dance; **Lsd**=Left Outside Partner; **Op**=Open Position; **PP**=Promenade Position; **Q**=Quick; **R**=Right; **RF**=Right Foot; **RH**=Right Hand; **Rsd**=Right Outside Partner; **S**=Slow; **UA**=Underarm; **WA**=Walk Around; **X**=Cross;

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<sup>1</sup> Pronounced hwa'-pa-cha